

Sun

Mon

Tue

Wed

Thu

Fri

Sat

# December 2018 Menu



1 LUNCH  
Tossed Salad w/Dressing  
Rosemary Chicken  
Sour Cream Mashed Potatoes  
California Vegetable Blend  
DINNER  
Beef Chili  
Hot Dog on a Bun  
Macaroni Salad

2 LUNCH  
Cucumber & Onion Salad  
Mesquite Roasted Turkey  
Wild Blend Rice  
Asparagus Spears  
DINNER  
Cream of Celery Soup  
Corned Beef  
Braised Cabbage & Carrots

3 LUNCH  
Cream of Vegetable Soup  
Salisbury Steak w/Peppers& Gravy  
Cheesy Potatoes  
Stewed Cabbage  
DINNER  
Spring Mix w/Dressing  
Beef Bourguignonne w/Noodles  
Broccoli Florets

4 LUNCH  
Low Sodium Beef Barley Soup  
Honey Glazed Pork Lion  
Italian Green Beans  
DINNER  
Sour Cream Cucumber Salad  
Crispy Baled Chicken  
Au Gratin Potatoes  
Stewed Tomatoes

5 LUNCH  
Cream of Mushroom Soup  
Meatballs w/ Noodles  
Marinara Sauce/ Garlic Bread  
Zucchini  
DINNER  
Forest Pears  
Hamburger on a Bun  
Potato Wedges

6 LUNCH  
Italian Wedding Soup  
Veal Marsala  
Penne Pasta  
Capri Vegetable Blend  
DINNER  
Tossed Salad w/Dressing  
Pot Roast  
Roasted Redskin Potatoes

7 LUNCH  
Cream of Celery Soup  
Italian Seafood Bake  
Rice Pilaf  
Parslied Cauliflower  
DINNER  
Antipasto Salad  
Chicken Cacciatore /Bowtie Pasta  
Herbed Green Beans

8 LUNCH  
Cream of Tomato Soup  
Shepherd's Pie  
Scalloped Corn  
Roasted Brussels Sprouts  
DINNER  
Beef Chili  
Hot Dog on a Bun  
Tatar Tots

9 LUNCH  
Chicken Noodle Soup  
Honey Mustard Chicken  
Parslied New Potatoes  
Greens  
DINNER  
Tossed Salad w/Dressing  
Beef Tips-Mushroom Gravy  
Parslied Noodles

10 LUNCH  
Minestrone Soup  
Meatballs w/Noodles& Marinara  
Italian Green Beans  
DINNER  
Cottage Cheese & Pear Salad  
Seasoned Chicken Breast  
Loaded Baked Potato  
Zucchini

11 LUNCH  
Cream of Broccoli Soup  
Chicken & Dumplings  
Green Peas  
DINNER  
Cucumber & Onion Salad  
Savory Pork Roast  
Roasted Beets & Carrots  
Braised Cabbage

12 LUNCH  
Beef Noodle Soup  
Kielbasa Sausage  
Pierogies  
Brussels Sprouts  
DINNER  
Spring Mix w/Dressing  
Smothered Steak  
Red Skin Potatoes

13 LUNCH  
Lentil Soup  
Fried Chicken w Chicken Gravy  
Mashed Potatoes  
Buttered Corn  
DINNER  
Pickled Beet Salad  
Tuscan Pork w/Buttered Noodles  
Lima Beans

14 LUNCH  
Low Sodium Corn Chowder  
Caribbean Catfish  
Lemon Rice  
Asparagus  
DINNER  
Creamy Coleslaw  
Seafood Salad  
Croissant

15 LUNCH  
Italian Wedding Soup  
Cheese Ravioli w/Pesto Sauce  
Bermuda Vegetable Blend  
DINNER  
Ambrosia  
Hot Dog on a Bun  
Baked Beans  
Parslied Carrots

16 LUNCH  
Chicken Noodle Soup  
Roast Turkey  
Glazed Sweet Potatoes  
Broccoli Cuts  
DINNER  
Tossed Salad w/Dressing  
Apple Pork Roast  
Fried Potatoes & Onions

17 LUNCH  
Beef Barley Soup  
Country Fried Steak w/ Gravy  
Cream Style Corn  
Zucchini  
DINNER  
Cream of Cauliflower Soup  
Chicken Fajitas w Sour Cream  
Mexican Rice

18 LUNCH  
Cream of Potato Soup  
Chicken Cordon Bleu  
Risotto  
California Vegetable Blend  
DINNER  
Waldorf Salad  
Beef Stroganoff w/Noodles  
Green Peas

19 LUNCH  
Cream of Celery Soup  
Apricot Glazed Ham  
Scalloped Potatoes  
Malibu Vegetable Blend  
DINNER  
Spring Mix w/Dressing  
Stuffed Cabbage Roll  
Mashed Potatoes

20 LUNCH  
Split Pea Soup  
Sour Cream Meatloaf  
Potatoes Anna  
Mixed Vegetables  
DINNER  
Mandarin Oranges w/Coconut  
Sweet & Sour Chicken  
Fried Rice

21 LUNCH  
Manhattan Clam Chowder  
Crunchy Orange Fish  
Wild & Brown Rice Pilaf  
Broccoli Florets  
DINNER  
Cottage Cheese & Peach Salad  
Swedish Meatballs w/Noodles  
Peas & Carrots

22 LUNCH  
Cream of Mushroom Soup  
Lasagna w/Meat Sauce  
Capri Vegetable Blend  
Garlic Bread  
DINNER  
Creamy Coleslaw  
Chili Dog on a Bun  
Sweet Potato Fries

23 LUNCH  
Chicken Noodle Soup  
Cranberry Orange Chicken  
Macaroni & Cheese  
Mixed Vegetables  
DINNER  
Tossed Salad w/Dressing  
Teriyaki Steak  
Fried Rice

24 LUNCH  
Cream of Vegetable Soup  
Herbed Turkey  
Sage Bread Dressing  
California Vegetable Blend  
DINNER  
Cinnamon Applesauce  
Honey Glazed Pork Lion  
Hot German Potato Salad

25 MERRY  
CHRISTMAS

26 LUNCH  
Vegetable Soup  
Chicken Paprikash  
Spatzle  
California Vegetable Blend  
DINNER  
Stuffed Green Peppers  
Scalloped Potatoes  
Parsley Buttered Carrots

27 LUNCH  
Cream of Cauliflower Soup  
Roasted Thyme Chicken  
Baked Sweet Potatoes  
Green Bean Casserole  
DINNER  
Antipasto Salad  
Chicken Parmesan  
Asparagus

28 LUNCH  
New England Clam Chowder  
Cornflake Fish  
Hushpuppies  
Vegetable Medley  
DINNER  
Cream of Tomato Soup  
Grilled Cheese Sandwich  
Fried Potatoes & Onions

29 LUNCH  
Minestrone Soup  
Johnny Marzetti  
Capri Vegetable Blend  
DINNER  
Confetti Coleslaw  
Mushroom Swiss Burger  
Bourbon Baked Beans  
Parsley Buttered Carrots

30 LUNCH  
Chicken Noodle Soup  
Ranchers Chicken  
Rice Pilaf  
DINNER  
Tossed Salad w/Oranges  
Glazed Pork Roast  
Sweet Potatoes& Apples

31 LUNCH  
Cream Of Vegetable Soup  
Salisbury Steak w/Peppers& Gravy  
Cheesy Potatoes  
DINNER  
Spring Mix w/Dressing  
Beef Bourguignonne w/Noodles  
Broccoli Florets

### Breakfast Menu:

*Sunday: Pancakes/Sausage/ Eggs*  
*Monday: Eggs*  
*Tuesday: French Toast/ Sausage*

*Wednesday: Eggs/Bacon*  
*Thursday: Waffles/Sausage*  
*Friday: Omelets*

*Saturday: Eggs/Bacon*